

KS3 HHS Plan 21/22



Lesson Order	Date	Year 7	Year 8	Year 9
1	15/09/21	Transition from Primary	Wellbeing – Healthy lifestyles	Back to school wellbeing
2	29/09/21	Online safety – Social media	Online safety – bullying	Online safety – Online grooming
3	13/10/21	Friendships	Romance and relationships	Consent and relationships
4	3/11/21	Mindfulness	Mental and emotional wellbeing	Mental and emotional wellbeing
5	17/11/21	Smoking and vaping Racism	Alcohol awareness Racism	Class C drugs Eating disorders
6	1/12/21	Bullying	Body Image	Body Confidence Body Image
7	15/12/21	Rights and responsibilities	Respect	Human rights
8	12/01/22	Careers	Careers	Careers
9	26/01/22	Extremism and radicalisation	Emotional literacy	Options interviews Extremism/Radicalisation
10	09/02/22	Self-esteem	Extremism and radicalisation	Options interviews Contraception
11	02/03/22	Equal opportunities	Peer Pressure	Extremism/Radicalisation Options interviews
12	16/03/22	Gender equality	Sexism	Contraception Anger management and resilience
13	30/03/22	Credit and debit	Budgeting	Tax
14	27/04/22	Drugs awareness	Cannabis, shisha and spice	Class B drugs
15	11/05/22	Online safety - Pornography	Online safety – Positive relationships	Online safety – Digital footprints
16	25/05/22	British Values - Tolerance	British Values – Rule of law	British Values – Democracy
17	15/06/22	Careers	Careers	Careers
18	29/06/22	LGBTQ - awareness	LGBTQ - homophobia	LGBTQ – trans focus
19	13/07/22	Aspirations	Growth mindset	Toxic masculinity

(topics and sequencing subject to change)